

USDAN SWIM PROGRAM FAQ'S

1. HOW MANY POOLS ARE THERE @ USDAN?

We have three pools. One 3ft deep; 4.6 ft. and the dive tank is 12 ft. deep.

2. ARE THE POOLS CLEAN?

Yes. We vacuum twice daily and test the chemical levels multi times throughout the day.

3. IS THERE A PRETEST SWIM EVALUATION IN ORDER TO SWIM @ USDAN POOLS?

Yes. Every student will receive a swim test and then be placed in a designated color based on confidence and skill level in the pool. Our goal is to get ALL swimmers tested within the 1st few days of camp. We will make exceptions on a case by case basis. For example if your child is away the 1st week of camp we will test in the second week.

4. CAN MY CHILD BE RETESTED IF THE LEVEL IS TOO EASY OR HARD?

Yes. We do periodically need to retest and replace swimmers in a different group.

5. WHAT SYSTEM OF INSTRUCTION DOES USDAN FOLLOW?

We follow the American Red Cross Levels for instructional swim. There are 6 levels in total. These can be viewed on our website by clicking the following link.

<http://www.usdan.org/recreation/>

6. WILL MY CHILD RECEIVE SWIM INSTRUCTION DURING CAMP?

Yes. Mandatory swim lessons for grades K-6. Lessons are optional for grades 7-12 and we highly recommend that Seniors participate by requesting instruction via the following link.

<http://www.usdan.org/recreation/>

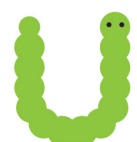
7. IS INSTRUCTIONAL SWIM OPTIONAL?

Only for Seniors. We have made it easy for seniors who choose instructional swim, to sign up on line by using the following link. <http://www.usdan.org/recreation/>

8. CAN I WEAR GOGGLES AT THE POOL?

Yes. We actually encourage all swimmers to wear goggles. One, because they can open their eyes under water; and two for safety reasons. Swimmers can see where they are swimming and be more mindful of those in the water around them.

*Sorry to say we do not allow snorkel masks that cover the nose, floatation devices or flippers to be used in our pool. We do have our own supply of kickboards, noodles and barbells to be used during instructional swim.



9. WHAT IF MY CHILD FORGETS OR LOSES THEIR TOWEL CAN THEY STILL SWIM?

We will not prevent campers from getting in the pool if they forget their towel.

10. CAN I WEAR MY SHORTS IN THE POOL IF I FORGET MY BATHING SUIT?

No. All swimmers must wear a swim suit to go in the pool.

11. IS THERE A LOST AND FOUND?

Yes. Both the boys and the girls changing rooms have a basket with daily lost items. If it has been more than a day you will need to check with the maintenance station as items get moved over there at the end of each day.

12. WHAT IF THERE IS THUNDER AND LIGHTNING DO WE STILL HAVE SWIMMING?

No. The campers will watch a movie during their designated swim period in an enclosed safe area.

13. ARE SWIM SHOES OR FLIP FLOPS NECESSARY ON THE POOL DECK?

No.

14. HOW LONG IS THE ACTUAL POOL TIME?

It is about 45 minutes long. Half way through the pool time we do have a buddy check system which interrupts the lesson for about 1 minute. This is required by the Board of Health.

15. WHAT IF MY CHILD IS FEELING SICK AT THE POOL?

Our pool staff (Lifeguards and Swim Instructors) are trained in CPR/AED and first aid. We also have nurses on staff at the camp.

16. IF I HAVE ADDITIONAL QUESTIONS CONCERNING THE SWIM PROGRAM OR POOL WHO DO I CALL?

Please call our main line @ 631-643-7900 as they will be able to answer most of your questions. If you need any additional information or have concerns we will pass the message along to our pool team. It would be very helpful if you know what period your child swims in and what color group they are a part of.

Level 1 red; Level 2 orange; Level 3 green; Level 4 light blue; Level 5 yellow; Level 6 dark blue

17. I WANT TO BE SURE MY CHILD SWIMS.

We will not force your child to do anything they are not comfortable with. We do our best to get all campers in the water and to participate along with the class.

18. CAN I VISIT THE POOLS DURING CAMP SESSION IF I AM PLANNING ON ENROLLING MY CHILD @ USDAN?

Yes. This you would handle through the administrative building.